

SGA Meeting Addresses Concerns About Policy Banning Stoles at Graduation

BY OLIVIA FRANKS

During commencement, along with the cap and gown, students show the organizations they have been a part of throughout their college career with a stole. Organizations and groups of students who wear stoles are Greek life, Center for Student Involvement-recognized club members, study-abroad students and even veterans. On Wednesday, January 30, news broke that all graduation stoles that are not rooted in academics were prohibited. The student population was not given a reason as to why this rule was enacted, but it came directly from President Christine Riordan's office.

As a response to this new rule, Phi Sigma Kappa brother Paul Affrunti created a petition to fight it on change.org. In the petition, he stated: "Students feel immense pride for both their individual organizations and Greek life as a whole because it gives them the opportunity to grow as a person and to improve upon their life skills further than they ever thought possible...I ask you to please join me in signing this petition to attempt to have Adelphi University change their mind." The petition currently has 1,052 signatures.



Students proudly wear their stoles at the 2018 graduation.

After the petition gained success, Adelphi issued statements all over their social media accounts: "The University heard our students and has decided to allow the Class of 2019 to wear stoles, sashes and honor cords to celebrate individual achievement and affiliations at commencement as Adelphi graduates. #WeHeardYou"

The Class of 2019 may be able to wear their stoles, but it was specified that this may change for future graduating classes.

On Tuesday, February 5, to address the situation, the Student Government Association (SGA) asked Adelphi students to attend their weekly open meeting in the Campbell Lounge located in the Center for Recreation and Sport. Students in Panhellenic sororities, Multicultural Greek and Fellowship Council organizations, Interfraternity Council fraternities, athletic teams and those who studied abroad were present at the meeting to voice their opinions.

The SGA started the meeting by saying that this was purely for the purpose of students to verbalize their concerns and they would draft a letter to send to Adelphi's upper management. When asked why this whole situation about banning stoles came about, SGA's executive board had no explanation as they said they heard about it from other students when the news first broke. When they opened the floor to students, many students representing multiple organizations shared their thoughts.

Affrunti, the creator of the petition, asked SGA if they knew if this was a part of a plan to eradicate Greek life as a whole within the next few years. Anna Zinko, the director of the Center for Stu-

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Sierra Student Coalition Coming to Campus

BY MATTHEW SCHROH

Environmental action will soon arrive at our university in the form of a new student group. The Sierra Student Coalition will be a student-led group with environmental concerns at their forefront.

The name may sound slightly familiar. The Sierra Club itself has existed since the late nineteenth century and has an enduring presence in many American universities.



Professor James Dooley, a lifelong environmentalist and a biology professor at Adelphi, will supervise a new Sierra Student Coalition.

"The Sierra Club is the largest organization on conservation, probably in the world," said James Dooley, a professor in the Biology Department and conservation chair of the Long Island Sierra Club. He will co-chair the committee overseeing the Sierra Student Coalition.

The main tasks at hand will be for students to "become active in sustainability efforts on our campus," Dooley explained, and the fact that students will be leading the way is one of the group's most important points. "I'm involving students directly in doing this. We can supervise it, but we want them to do it; it's a student-oriented group."

Activities in the Sierra Student Coalition will include finding ways to save and improve energy on campus. Students will be able to apply for membership in the Sierra Student Coalition, "sort of like a sorority or a fraternity," Dooley explained. "It's not any more time-consuming than a sorority or a fraternity would be."

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Kappa Sigma Holds 13th Annual Super Hungerfest

BY MATTHEW SCHROH

The weekend of February 2 was an important one for both groundhog and football enthusiasts across the globe. But it was also a huge weekend for our Kappa Sigma fraternity, which celebrated its thirteenth "Super Hungerfest" event to raise money for Island Harvest, a prominent Long Island charity and food bank.

On February 2, members of the fraternity visited Long Island supermarkets to collect monetary donations and nonperishable foods, according to Gerald Mariscal, Kappa Sigma's chapter president. This was followed by a 24-hour period of fasting by the fraternity members. At the conclusion of the event, all proceeds go to Island Harvest, which is the largest hunger relief organization on Long Island.

"They measure everything in pounds and amount of money collected," Mariscal said, adding that previous Hungerfests have yielded the Long Island food bank a tidy sum to help those in need.

"In past years we've always raised a lot, sometimes over \$3,000 and close to 2,000 pounds of food collected each year."

The event is successful because it provides Adelphi students with a way to help as well.

"We'll have a link to the virtual food drive, tied to our event through Island Harvest," Mariscal said. "You can buy some items, and the amount of money gets sent over straight to them."

Between the bold challenge of an entire day of fasting and simple student involvement, it's no surprise that Super Hungerfest has found such success and provided a backbone for Kappa Sigma charity work.

"It's our largest event thus far," Mariscal said. Though they did not have the exact totals as of press time, Mariscal confirmed that the latest annual Super Hungerfest was just as successful as it has been in the past. "The event went super well," reported Mariscal.

Only a few days after Super Hungerfest, the fraternity hosted an anti-hazing



The members of Kappa Sigma have found great success with this unique charity fundraiser.

event.

"We will have another event in the works in April called 'Sleep Out for the Soldiers,'" Mariscal said. "It's another one of our older events that we're bringing back, to simulate the life of a veteran."

If the Super Hungerfest can show anything to the Adelphi community, it's to keep an eye out for more charity events from the fraternity in the future.

A Word from the Editor

Welcome back Panthers! *The Delphian* staff hopes that you had an eventful and safe winter vacation; we are happy to have you back! Did you hear? Spring is coming earlier than we thought thanks to Punxsutawney Phil the Groundhog. With the spring semester underway, Valentine’s day approaching and the first issue of 2019 coming out, we are excited to share a lot of news with you.

We have controversial news for the first issue of the spring 2019 semester. A lot of students have been protesting the recent ban of non-academic graduation stoles. Adelphi administrators are now allowing the class of 2019 wear stoles, but this may change for future graduating classes. Read to see what students are saying and what can be done. Additionally, the news section shows that Adelphi students are helping the environment and community lately with our new Sierra Student Coalition and Kappa Sigma’s Hunger Fest.

Within the editorial section, read about a video that went viral regarding a high school in Louisiana’s lack of funds and safety. Many students and faculty spoke out regarding the research on the issues that have occurred in the school district. Read what they have to say. Are you a fan of singer Cardi B? Read our article that talks about how Cardi B give her opinion on the current state of the government and its issues.

There are a wide variety of articles within our features section this issue. Read about “Welcome Back Week” and all the activities and events that were held throughout campus. Do you have a Valentine? If not, check out our article regarding things that you can do to keep you busy on Valentine’s Day. Lastly, with social media being such a primary aspect of our society today, check out how to keep safe on all platforms.

Over the intersession, Adelphi athletics had some great achievements and broke a few records. In the Winter Sports Update, read about some of the most notable feats of our winter sports teams. We also highlight an important coach in this issue, men’s basketball coach David Duke. The article gives a deeper look into how he eventually arrived at Adelphi University for a successful career. Lastly, we look back on the career of Niajah Morgan as she soon closes out her final season at Adelphi as lone senior on the women’s basketball team.

I’d also like to thank Olivia Franks, our sports editor, for stepping up to take on additional editor duties as managing editor as my spring softball season gets underway.

-Nicoletta Cuccio
Editor-in-Chief



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SGA Addresses Stole Ban

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dent Involvement (CSI), said she has not heard anything about this. The weekend of February 1 and 2 saw a record amount of potential new members register for Panhellenic sorority recruitment, so Zinko stated that there is definitely support for Greek life on campus.

The presidents of Phi Sigma Kappa, Phi Sigma Sigma and Delta Chi also voiced their concerns. Phi Sigma Sigma President Amanda Considine read aloud Adelphi’s vision statement: “We will become a nationally respected leader—a standard bearer—for redefining the practical and personal value of education for students, helping them define their success in the classroom, on campus, in careers and communities, and beyond.”

Considine added that taking away the right to wear our stoles, no matter what organization we are in, is counteractive. She said that it seems as if the university simply uses student leaders for branding purposes.

Stephanie Guaneme, president of the Inter-Greek Council, read statistics that showed how important Greek life is to the Adelphi community and why they should be allowed to show which organization they are a part of at commencement.

Guaneme said she learned that Greek life raised over \$27,000 every year for their respective philanthropies and that she was shocked when in a meeting with the Board of Trustees they asked her if Greek life’s main purpose was for a social life and going to parties.

Another point was brought up by Eian McKeon, a member of the swim team and brother of Delta Chi. He was representing the swim team at this meeting and stated, “I can go across the country and represent Adelphi while swimming, but now I can’t represent swimming at Adelphi.”

It is important to note that on Adelphi’s website under the “Campus Life and Activities” page the university states: “We also empower you to appreciate diversity and become global citizens, and support your development as ethical individuals and responsible members of society. The incredible variety of student organizations at Adelphi is a reflection of the rich diversity of our student body.”

Something else that was stated at the SGA meeting was that the university said “#WeHeardYou” in the tweet declaring that the class of 2019 may wear their non-academic stoles, but the administrators who originally made this decision did not come to the SGA meeting. The

only faculty members were from the CSI. *The Delphian* reached out for a response from the administration regarding the students’ concerns. Spokesperson Todd Wilson said: “The original decision of the Commencement Committee was aimed at addressing the issue of non-academic embellishments, at a ceremony that is academically-focused: the conferring of degrees. The decision was reversed after additional input from students. Adelphi University is proud of our graduates and joins in their pride in their individual achievements and affiliations. We recognize these are very important aspects of our students’ college experience.”

To prevent the administration from trying to ban future graduating classes from wearing stoles, SGA suggested that organizations who want to wear them on commencement day should email administrators and invite them to their organization’s meetings so that they can see all the good everyone does. A graduating Adelphi Panther who wants to wear their Greek letters, student-athlete accomplishments, study abroad experience or the branch of the military they sacrificed for should be able to demonstrate the diversity that Adelphi University so often prides itself in on the most important day of their college careers.

Sierra Student Coalition Coming to Campus

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The Sierra Student Coalition is a great chance for environmentally-minded students to do their share. “It’s a great way of getting students working on the campus and getting involved in community ... and becoming active and informed citizens,” Dooley said. “It’s a really good opportunity for those who have the time and the interest.”

Though there is a lot of focus being placed on the students, Adelphi’s administration has been very helpful to the cause, according to Dooley, adding that President Christine Riordan “is behind this 100 percent and has been doing all she can.”

Dooley said that the group is waiting for application approval from the Sierra Club. People who are interested in joining can email Catherina Suh, the student coordinator of the Coalition.

Single This Valentine's Day? No Problem

BY JACLYN TRACY

February 14 is quickly approaching. You know what that means. Every Valentine's Day, the holiday of love is extra special for couples who spend it with their significant others. Valentines, stuffed animals, chocolates, jewelry and flowers fill the stores and it's a perfect time to tell that someone what they mean to you.

Single people usually dread this day, but there are so many reasons the holiday of love should be celebrated by everyone. Single this Valentine's Day? Don't worry, there are still several things that you can do to make the holiday fun and enjoyable.

Treat Yourself – Use this day as a time to spoil yourself. Eat your favorite ice cream, get that haircut you've been wanting or do some shopping. Take time to do the things you don't usually get to do for yourself every day.

Take a Workout Class – Workout classes at certain places like SoulCycle, OrangeTheory, CycleBar and LA Fitness can be expensive. Some people may not be able to afford them on top of all the other expenses college students face. Take this day to splurge on a workout class of your choice; it will release your endorphins leaving you feeling empowered and motivated.

Plan a Friend's Dinner – If you are single, odds are you are not the only one. By planning a single friend's dinner out, you are not only giving yourself something fun to do, but you can also dress nice-

ly if you want and take pictures with your friends. Some restaurants near campus include Waterzooi Belgian Bistro, Grand Lux Café, Café Baci and KPacho.

Have a Movie Night – Invite a bunch of your friends over, pick out some movies, whether romantic or not, order some food and relax in your pajamas. No stress, just good vibes and good company.

Spread Love to Your People – Just because Valentine's Day is usually centered around couples, it really is a holiday to show the people you love in your life how much you do. Call and text your loved ones to let them know you appreciate them. It will leave you feeling happier and more grateful of all the good in your life.

Make Your Own Silly Valentine's Day Cards – One of the best parts about Valentine's Day is all the memes and funny Valentine's day cards that are posted each year on social media for people to share with their friends. Either make your own or find some on the Internet to send to your friends.

Catch Up on Your Sleep – A lot of times as college students we are sleep deprived, and there's not much we can do about it with all our obligations. Take time in the day to nap, catch up on your rest and just relax.

Do What Makes You Happy – Do whatever makes you happy. Whether it be staying in, going out, exercising, binge watching or being productive. Do whatever will make your day the best – and most importantly, love yourself! Happy V-day 2019!

Valentine's Date Ideas: Everything You Need to Plan the Perfect Romantic Date

BY CARSON BAILEY

Valentine's Day is right around the corner and with it comes the responsibility of planning a date. While that may be intimidating, there are many great activities for couples to do that don't involve dinner and a movie (though that is always fun, too).

If you want to have a nice meal without the busy restaurant or expensive prices, try cooking a meal with your loved one. Cooking a meal together is a great experience that makes the meal taste better. And it is always a good time when it gets hot in the kitchen on February 14. If you can't cook and all goes awry, don't worry, you can always order a pizza as back up. Coffeeshops can make a great date location if you want a relaxing environment where you can drink warm drinks and talk. Going to local shops over a chain provides a unique and memorable experience.

If you're looking for something more than just dinner, you can add an exciting activity. Going ice skating is always an entertaining way to spend Valentine's Day, and you get the bonus of exercise as well. There are quite a few nearby ice skating rinks, such as Iceland Skating Rink in New Hyde Park and De Matteis Skating Rink in Uniondale. Plus, you can cuddle up under a blanket and drink hot chocolate when you're done.

If you want to stay warm, going to a pottery place, such as Once Upon a Dish on Franklin Avenue lets you paint your

own pottery. You and your date can paint something together or paint something for each other. Paint bars like Muse on Franklin Avenue can be a festive and artistic activity not only for couples, but also for friends.

If you and your significant other are looking to spread the love this Valentine's Day, you can volunteer together. Animal shelters are always looking for volunteers and so are food pantries and soup kitchens. Find a cause you both care about and get involved in helping the community.

Another great bonding experience and fun way to learn a little more about your partner, is to go to a bookstore and pick out a book for each other to read. You will be surprised about what you can learn about someone from reading their favorite book.

Game nights are also a fun activity for the more competitive couples. Board games, video games, card games and even bowling are ways to embrace your competitive nature and have a good time while minimizing the amount of money you spend.

Or if you are not in a competitive mood, you can give the gift of a couple's dance class or a day at an amusement park or even an escape room. These might not fall into the category of "traditional" date ideas, but they are still a great way to spend time with your significant other.

And if all else fails, you can always just snuggle up, watch some Netflix and enjoy a relaxing evening.



Business Etiquette Basics Everyone Should Know

BY OLIVIA FRANKS

Everyone faces anxiety and stress when applying for jobs or even speaking to their bosses in their everyday lives. But if you know the etiquette basics of how to interact in a business setting, you're more likely to have the confidence you need to be poised and ready to speak no matter what the circumstances.

Put down your phone. Temporarily ignoring your technology may be one of the hardest things to do, but it's rude when your phone is constantly going off at work or you leave it on the conference table during a meeting. It's best to leave your phone tucked away until you absolutely need to use it.

"We'd rather send a text message than pick up a phone," said Maryanne Parker, a San Diego based business etiquette expert. "The only way to re-build our communication skills is to start physically communicating and stop using our mobile devices to this extent."

Knowing how to interact with others and not look at a screen all day is important when you are trying to impress a boss or client. Besides, you may miss some vital information that can change your career path.

Always wear appropriate clothing. Though this tip may be obvious, people often need to be reminded. Even if you've been at your job for years and are comfortable there, you always need to wear the proper attire for your specific field of work. Whether it's a "casual Friday" or not, you never know when upper management may come in. Appropriate clothing in the workplace for men and women includes wrinkle-free, clean and non-forming-fitting wear. If you look sloppy or show too much skin when talking to co-workers or clients, that makes an impression you may not have intended.

Always remember that you can never be too overdressed. If you question how appropriate the article of clothing is, you are better off not wearing it to the office.

Be punctual. This is another tip that may be obvious but being on time can give a great first impression. Nevertheless, never come too early so that the person hosting you feels rushed or not ready. Parker said that coming approximately 10 minutes early, especially in job interviews, shows initiative, punctuality and ability to follow instructions.

"Punctuality is the most important business etiquette tip in the United States," Parker said. "In many other countries, punctuality is not an essential element of professionalism, but in the U.S., it is one of the most important components of a successful business. Time is money; it is in the American DNA."

Know your surroundings. When going for an interview, it's imperative you know the role of the person you are speaking with and what the company is all about. Often in interviews, potential employees are asked what they like about the company.

"I tell people this when they are about to go to an interview for medical

school. Get to know who people are and what their roles are," said Robert Schwartz, Adelphi's director of pre-professional and joint degree program. "To really be prepared, you must know what the place is really about, and you do this by asking others in your field about the company."

Be a leader and be polite to everyone around you. This is not just a tip for work, but in everything you do.

"Always say hello to everyone whether they be a guard or sitting at a desk; treat everyone equally," said Schwartz. "All of these people are important to getting the job done and important to the morale of the workplace."

Additionally, show your superiors that you can take initiative by asking the right questions and suggest ideas. Ask questions about aspects of your job you want clarification on or give ideas about something that can be changed. When doing this, it's vital to not be a "know-it-all," but instead be a curious employee always looking to improve.

Welcome Back Week Starts Semester Off with a Bang

BY CARSON BAILEY

The beginning of the spring 2019 semester had a great start with Welcome Back Week. Events were held in the evenings for students to hang out together and gear up for the upcoming semester. The activities were built for everyone, going all the way from sport activities to karaoke. The Student Activities Board planned each event, which included the perks of free food and lots of fun.

Adelphi's Welcome Back Bash kicked off on Wednesday, January 23. The event was held in the Center for Recreation in Sports featuring a double header with Adelphi's women's and men's basketball teams going up against Bentley University. The event had free food, cotton candy and a photobooth. There were even a few giveaways, and one of the prizes was an Adelphi insulated travel mug.

The men's basketball team won against Bentley with a score of 92-82, while the women's basketball team scored 53-67.

Junior Alliah Irtan attended the games. "My favorite part was when the younger kids came out and were playing.



Students enjoying giveaways at the men's basketball game on January 23.

(Photos by Adelphi Athletics)

The crowd had so much energy and it made me remember why I always loved going to basketball games."

Bingo for Books was the second event in Welcome Back Week. Held in the University Center Ballroom, students played competitive Bingo games for Barnes & Noble gift cards.

Sophomore Jillian Hajek attended the event and said, "I was so close to winning \$100 and I had a lot of fun getting to be with my friends."

Jokes were told as people tried to win money to put toward their textbooks.

Bingo was followed up by Welcome Back Week's Game Night. The students of Adelphi once again brought out

their competitive streak and went to the University Center Lobby on Friday, January 25 for game night. Dance Dance Revolution, a Nintendo Wii, Playstation 3 and Xbox 360 were all available for students. People snacked on the free food, took turns playing games and talked with one another.

The final event for Welcome Back Week was held the evening of Saturday, January 26 in the Underground Cafe. Students got to enjoy free cookies, coffee and tea, while taking turns singing to some of their favorite jams. Sophomore Kat Beatty said that the event was "a lot of fun" and had a good selection of music for people to sing to.

Overall, Welcome Back Week



SAB members (from left) Sophia Muratore, Sarah Carbain and Ryan Foley at the Welcome Back Bash.

was a great start for a new semester that promises to be filled with hard work, fun and friendship.

Social Media Manners That Won't Ruin Relationships

BY JASON MASSIMINO

Before the prevalence of the internet, we only had to worry about butting heads with our extended family at the holiday dinner table. However, in this information age our balding uncle's protracted rants about the politician they hate can be lovingly painted across our Facebook feed. It's a problem we've all come across, but even those of us who treat the internet like the sixth food group occasionally are at a loss at how to navigate the minefield of faux pas and polarizing opinions that is social media. Fortunately, there are social media manners we can all employ to avoid ruining our relationships online.

Pick Your Battles

The easiest way to avoid conflict is to not engage in it. While it can be difficult to resist throwing your hat in the ring in virtual arguments, it's always a good idea to take steps to avoid getting roped in. If compelled to jab back at a political stance or chime in on a controversial subject, always take a moment to step away from the screen and breathe.

Before you respond, it's pertinent you ask yourself a few questions. First: "Is it worth it?" The answer is often "No." It's worth considering what you have to gain: will your earth-shattering proclamations shake the readers to their very core? Will they keep scrolling and glaze over it? Or will they themselves react and feed into the cycle? Choosing to not give energy to the situation will make it end all the sooner.

Second: "Would I say this in



public?" or "Would I say this to someone's face?" If you've made it past our first question, and have decided your voice must be heard, then consider what exactly you intend to say. Social media is an inherently public platform, and the words you say may be chiseled into the tablets of cyberspace for all eternity, in full view of family, friends and potential employers. Remember the person at the other side of the screen is still a person, and your divine wrath might be better watered down to a polite huff.

John Drew, an assistant professor of digital media at Adelphi, elaborated on this, explaining people's tendency to be more belligerent online. "People tend to be less inhibited when they do not have to deal with the physical presence of someone they disagree with," he said.

Third: "Is this really what I want to say?" Our messages can often be misconstrued and jumbled over the digital medium. Cadence, sarcasm and inflection are often lost when crammed into 280 characters. Read and reread what you say before sending out for the world to see. You never know if someone is going to miss a joke, misinterpret your phrasing or just not understand what you meant.

Keep Your Nose Clean

Now that we can avoid the bear trap of some else's drama, we need to avoid creating our own. Tami Claytor, owner of Always Appropriate: Image & Etiquette in New York City, said that speaking about what's known as "protected classes" requires careful attention when used online.

"That includes anything about race, sex, sexual orientation, xenophobia, age, disability, politics, religion, office gossip or something particularly personal," she said. "Generally, one should avoid ruffling feathers where they can, but that is not to say these topics are entirely off the table."

However, this would require a great deal of linguistic finesse, and in many cases the public platform of social media isn't the proper place for healthy debate.

"Social media platforms do not seem to foster that, they bring out a lot of incivility, especially on Twitter," Drew said.

How to Promote Good Habits

While it's very easy to say everything everybody does wrong, it's important to know that social media isn't all doom and gloom. Social media has many constructive uses in networking, keeping in touch with relatives and connecting people that could otherwise never meet. Websites like LinkedIn can help one find employment and make useful connections. Additionally, the social aspect of social media can be beneficial in its intended purpose of interacting with others. As Drew said, in other parts of the world social media is an invaluable tool for societal change and is often not seen as the luxury it is in the west.

Why Does It Matter?

I was always warned of the dangers that social media can do to your reputation. As is the case for young adults, the primary concern is employment and enrollment in school. Tami Clayton stressed the importance of this. "You don't know who's going to look you up, and you don't want anything negative associated with your name, or personal brand," she said.

Even growing up, with my mother Phoebe Massimino working in various management positions, and currently employed as an Associate Professor at York College (CUNY), I am frequently regaled with stories of people doing well in interviews but having some aspect of their social media account come back to haunt them. When asking her about the subject, she explained, "Job applicants need to be mindful about what is on social media about them. Prospective employers often view social media when making hiring decisions. I am familiar with a case where a job applicant was not hired because social media revealed a drunken photo of the applicant sitting on a beer keg with a girl in his lap, appearing totally sloppy, sweaty and drunk."

Cardi B for Congress: Political Opinion Causes Feud

BY VICTORIA GRINTHAL

In a society where everyone has the right to publicly speak their mind, sometimes worlds can collide in ways no one would expect. When rapper Cardi B released a video on her Instagram account on Wednesday, January 16, it quickly went viral and garnered some large and unexpected attention from a wide variety of people. In the video, the 26-year-old musician and mother very bluntly (and explicitly) expressed her concerns regarding the government shutdown that was in its third week at the time. She continued to call out against the resulting lack of paying government positions since the shutdown, as well as President Trump's plans to build a wall on the Mexico border.

Among many responses was a tweet from Fox News commentator and vocal Republican Tomi Lahren, who called the artist "... the latest genius political mind to endorse the Democrats." The two continued to argue over their views of the government for several rounds on Twitter, with Lahren using hashtags like #MAGA2020 and #BuildThatWall and Cardi threatening to "dog walk" her and calling her a "sheep."

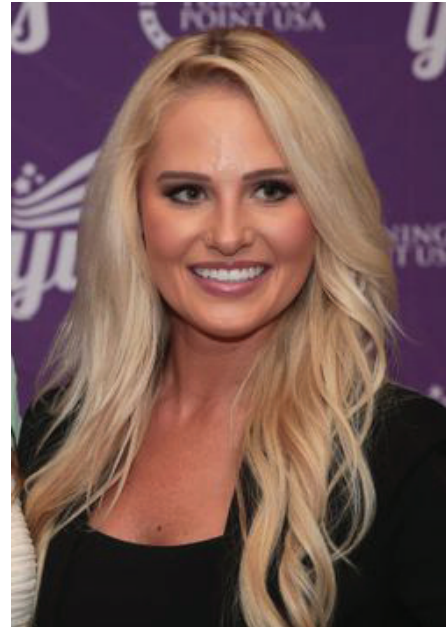
Both Cardi B and Lahren have been known to publicly voice their opinions to the public, and neither is afraid of mounds of backlash. Lahren has previous-



Cardi B

ly been under fire for her steadfast support of President Donald Trump's governing actions and specific choice of wording for certain debates like the country's stance on gun control. On the other side, Bronx native Cardi has grown a massive and worldwide fanbase for her confident lyrics and catchy hit songs.

Both women are from very different paths, as the University of Nevada alumna Lahren grew up in a military family and New Yorker Cardi was involved with both stripping and gangs in her early



Tomi Lahren

adulthood. They also have amazingly contrasting audiences. Cardi, born Belcalis Marlenis Almánzar, reaches young adults around the world, while Tomi has a large Republican following with her various Fox News pieces and commentaries. As a result, they see the nation's status as they do anything: very differently.

When I researched this feud for this editorial, it seemed that everything was rather polarized within the argument. While many people supported Cardi B with a "Cardi 2020" statement, others

greatly retweeted the words of Lahren in agreement. The problem is that none of these issues can be so radically fought over that someone is always considered as wrong. As people in this society, we can voice our opinions freely, but always run the risks of offending someone or being attacked for what you say. No matter what your environment is, no matter what you believe, and no matter who your audience is, we have to realize that we are not the only people whose opinions can be rightfully expressed. I am honestly not a fan of either party in this feud, but I can respect that both ladies want to speak out on what they think is wrong and they each have valid points, like Cardi's call for government workers' pay.

The problem is that no one is listening to each other. We don't have to agree in every way, as we are all given the right to speak freely and develop our own ideas. But maybe some things could be changed if we decided to hear the opposing viewpoints and consider how they compare. Calling other opinions "ignorant" (as both Lahren and Cardi did) because you do not agree with them makes you even more ignorant for not trying to understand the big picture. Even if you think the other side is wrong, it can't hurt to just listen and see how your views and actions are seen by others. Maybe that can even help you see how we can benefit our nation as one instead of jumping down each other's throats.

Education in Jeopardy: Louisiana School District's Inequality Toward Students

BY VICTORIA GRINTHAL

A video made by the group Now This on social media's video entitled "Students at Louisiana's Block High School Still Face Segregation" went viral soon after it was posted on Facebook on January 21. The video investigated an underfunded high school within Louisiana's Catahoula Parish school district. The one in question, Block High School, is located on one side of the district in terrible condition for both students and faculty. Not only are windows broken and mold is seen around the entire building, but the video also documents that teachers are being stretched beyond their legal educational boundaries. For example, a teacher interviewed from Block explained that though he only has the certifications to teach physical education, he currently also teaches U.S. history in the school.

By far the biggest issue situated within this district is the blatant inequality between Block High and their sister school. The video features a former student of Block who has researched the funding patterns of the district and populations of each school. She showed Now This that Block gets a considerable amount less from outside funding than the sister school, which is in much better condition and also has a majority of white students. Block's majority in the population is African-American,

which raises the question if respect and equality is even present within this situation.

The best part about this video's viral nature is that many students are able to speak out by being interviewed and are seen protesting against the blatant inequalities that currently plague them. One girl even explains that she feels the school is more like a "day care" and the lack of educational growth leaves her feeling unprepared for college after she graduates. I give her and her fellow students so much credit for speaking out on this matter, and I truly believe that they are more mature and intelligent for realizing their situation and doing so.

Coming from a fairly underfunded and diverse district on Long Island, I remember my classmates and I complaining about our school's conditions often in our four years there. However, seeing the way these kids in Block are treated makes me angry and guilty that I could ever think of my educational environment and growth as sub-par. What really hurt me were the images of their moldy textbooks that were still being used by students, which is dangerous to their health and their esteem while trying to learn. If any of those conditions were taking place in my district, the entire island would be under fire and suing the school for disrupting our ability to be educated. The fact that this is happening there, plus the discrimination obviously in-



Because of a viral video, Louisiana's Block High School is getting attention for a 50-year-old segregation case.

fluencing this, is appalling to me.

It seems insane that education, while so heavily important in our society's discussions, is so varied and unequal throughout the country. You would think that a top priority would be to regulate and assure a level of opportunities for everyone, regardless of where they are, so they have the ability to grow and succeed from what they have. While we think about countless other things, we also endanger

the growth and development of the next generation, noting that this cannot be the only area by which the measures of education are limited. I only hope that this video can show people that not everyone is equal, and it really pays a toll on the country itself. Watch it yourself and decide: <https://nowthisnews.com/videos/news/students-at-louisianas-block-high-school-still-face-segregation>.

Coach David Duke's Journey to Adelphi Basketball

BY VINCENT CANGELOSI

A 22-year-old David Duke wakes from his slumber in the Hofstra University athletic department. A graduate assistant for the university's men's basketball team, Duke has spent many nights like this, curled up on an office couch.

His commitment to the job is commendable, as Duke makes even a task as mundane as making photocopies seem like he's coaching Game 7 of the NBA Finals. There is one other thing, however, that sets Duke apart. He believes in treating people the right way.

Fast forward 20 years, and Duke is the head basketball coach at Adelphi, still following the same beliefs that got him this far. Earlier this summer, that commitment compelled Duke to drive to Rockland County just to watch one of his first Adelphi recruits, senior guard Conor McGuinness, play in a summer league game. "He really is a nice guy," McGuinness said. "You can talk to him about anything."

Duke's philosophy didn't develop at an early age, but his love of basketball did. Growing up in Queens, New York, Duke was surrounded by the sport and fell in love with it. "The game always had a hold on me. I played other sports, but even as a kid I knew that basketball was the one for me," Duke said.

This led Duke to play basketball at Cardozo High School, where his head coach, Ron Naclerio, would have a huge impact on him, though Duke did not realize it at the time.

Duke viewed Naclerio his role as more than a coach. He viewed himself as a mentor, telling his players that he wanted them to be "winners in the game of life." To do this, however, he was strict, "over the top," in Duke's words.

Senior forward Nick Cambio has heard Duke talk about Naclerio, saying "he does everything different from his high school coach." That being said, Naclerio is high

school coaching royalty in New York, having amassed the most Public School Athletic League wins in history, with more than 700 and counting.

As it turned out, Duke's time with Naclerio and the lessons he learned would be invaluable to him at the next level. Next for Duke, however, would be two missteps that ultimately led him to the place that he is today.

Duke had considered playing basketball in college, but he was disappointed by the lack of interest from college coaches. He says he'd think a school was interested, then one day they would just stop talking to you because they had gotten another guy, "It was overall really disheartening," said Duke.

So Duke enrolled in SUNY Albany, where he wouldn't play basketball, focusing instead on being a student. There, he studied abroad in Israel, where through some connections, he got a workout with Maccabi Tel Aviv, a professional team. Duke says the coaches were impressed and told him to come back at the beginning of the next season.

Duke was committed to returning to Tel Aviv for tryout, but not having played at the collegiate level, he decided to play for the New York Institute of Technology during a year of graduate school. "I wanted a year of playing to get back into form, so I was the best version of myself I could be," said Duke.

After completing that season, he went back to Israel. As a man in his early twenties, Duke didn't have the life experience to navigate the professional world.

"I didn't realize at the time that 'be here Thursday' meant Thursday was the only day," said Duke, who missed his tryout and his shot at being a professional athlete. Upon returning home, he decided to continue his graduate education at Hofstra.

That's how he arrived at the job that would shape his life, assisting Jay Wright, the future two-time NCAA Division I National Championship coach of



Coach Duke coaching his team on the sideline during a game.
(Photo by Adelphi Athletics)

the Villanova Wildcats, at Hofstra. It was Wright's first head coaching job, and Duke loved Wright's attention to detail and attitude in general. "I followed him so closely that he would turn around and bump into me," Duke said.

Wright always treated people the right way, a quality that Duke admired and has tried to emulate. So after 16 years coaching under both Wright at Hofstra and Tom Pecora for two years at Fordham, Duke was ready for his own team.

Assistant coach James McCollough, in his third year with Duke at Adelphi, is amazed at the way Duke interacts with his players. "He's able to hold guys accountable without having to yell at them," said McCollough. "He treats them with a lot of respect."

McGuinness agreed and said, "He's definitely hard on you, but he isn't like other coaches about it. He doesn't scream and flip out. He expects a lot but always comes at you the right way."

When recruiting, Duke always strives to practice what he preaches. "I don't want guys to feel like I did when I was getting recruited," he said. "I want to be open with them about the situation and update them as soon as anything changes."

Moreover, Duke is the optimist when

recruiting. "When you recruit players, you hear about what they can't do. I like to focus on what guys can do," said Duke.

Duke's attention to detail has stuck with him since his days making copies and doing team laundry as a graduate assistant. His drills and practices are precise and do not waste any time. "It's amazing. We'll set drills before practice for however long, said McCollough. "But if we say we're going to spend 10 minutes on a drill, we set the clock, and spend exactly 10 minutes on it."

Duke credits Wright for that painstaking approach, saying coaching is the same on any level, whether it be the NBA or high school. "The only thing that differs is the talent of the players, but coaching is coaching."

Duke could've ended up in many different places, if his life had taken a couple of different turns. Asked whether he wishes he'd gotten to play overseas. "It would've been special. Every athlete dreams about going pro," said Duke.

Despite that, he isn't bitter. He's happy with the path his life has taken.

"I'm invested in coaching," said Duke. "And I love it."



Coach Duke surrounded by his players during a timeout.
(Photo by Adelphi Athletics)

UPCOMING PANTHER HOME GAMES

Men's Lacrosse vs. Assumption College
February 16, Motamed Field, 1 pm

Women's Basketball vs. Southern Connecticut State University
February 20, Center for Recreation and Sports, 5:30 pm

Women's Basketball vs. Southern Connecticut State University
February 20, Center For Recreation and Sports, 7:30 pm

Final Ride Series: The Virtually Unguardable Women's Basketball Player Niajah Morgan

BY JERMAINE HOWERTON

In this series, we've been interviewing seniors playing in their final year of eligibility in their respective sports. These articles are a chance for athletes to say goodbye and to reflect on both their athletic careers and the sport to which they've dedicated much time and effort.

Niajah Morgan, a senior team captain for the women's basketball team, is in the final chapter of her collegiate career as a Panther. Morgan, a crafty finisher around the rim with a quick first step, has built the reputation as one of the best all-around players in the NE10 conference.

"When she has a full head of steam heading to the rim, she is virtually unguardable," said teammate Jessica Camarda.

In her sophomore campaign, she was a key component in the Lady Panthers winning an NE10 Championship. She posted 17 points and four rebounds in the championship game versus Bentley, landing her on the NE10 All Championship team. Morgan relived the magnitude of that moment.

"Winning an NE-10 championship was the best feeling of my college basketball career, going from losing the first game



Morgan playing defense during a home game against NYIT. (Photo by Adelphi Athletics)

that season and thinking it was going to be a long rough season, to making a complete turn around and only losing a few games was an amazing feeling," said Morgan.

As Morgan realizes that she's in her last season, she wants nothing more than to go out as an NE10 champion and

even a national champion.

"In order to get back to that form this year it will take the entire team buying into the cause and playing together as one unit," she said. "We need to work extremely hard for the remainder of the year in order to get back to that."

Why did Morgan choose Adelphi?

"When I first visited Adelphi, I really liked the team and the coach. I also thought the campus was nice and the size of the school was just right," she said. "In addition, being that I live in the Bronx, location was the perfect distance from my home."

When asked what she will miss about the university once her college career is complete, she said: "I will miss college in general, but most of all I will miss basketball. My sisters [teammates] most of all. Then my coaches, Eugene [Marquardt], Taylor [Hayes] and the rest of the equipment room crew and all the staff in the athletic department."

Morgan has goals of finishing graduate school in hopes of becoming a successful business woman. She would like to thank all her coaches, teammates, everyone in the Athletic Department, and last but not least, her mother who she said has been with her through it all. Catch Morgan and the Panthers on her senior night on Wednesday, February 20 at 5:30 pm at the Center for Recreation and Sport as they host Southern Connecticut State University.

Brown and Gold Winter Sports Update

BY OLIVIA FRANKS

The winter sports teams here at Adelphi have experienced some great success during the intersession. Here are all of the notable highlights in Adelphi winter sports thus far.

Men's Basketball

With just four games left in the regular season, the Panthers are hopeful for a successful finish this year. Currently with a record of 15-8, the men's basketball team is ranked third in the Southwest Division of the Northeast 10 conference. Senior Jack Laffey has the most average points per game with 15 and has 344 total points on the season. The Brown and Gold have outscored opponents so far this season 1,876-1,771. Senior Nick Cambio has also made an impact this season with a .664 field goal percentage, which is second in



Redshirt junior Leonie Edringer making her way around the defense.

(Photo by Adelphi Athletics)



The women's bowling team is 39-27 in matches so far this season. (Photo by Adelphi Athletics)

the NE10 Conference. The Panthers next home game, the final home game of the regular season, is Wednesday, February 20 in the Center for Recreation and Sport against Southern Connecticut State University at 7 pm. It will be senior night for Cambio, Laffey and Conor McGuinness.

Women's Basketball

The women's basketball team is fighting hard to get to a .500 record this season with 10 wins and 12 losses. There have been a few close conference games earlier in the season with an 83-81 loss to St. Michael's College and 75-73 loss to Saint Anselm College. The redshirt junior from Germany, Leonie Edringer, proved to be a breakout player this season with a .553 field goal percentage and 327 points on the season. She is fourth in the conference for field goal percentage. Senior Nia-

jah Morgan also has been an impact player this year as she leads the team with 340 points so far this season. The Brown and Gold have three games left in the regular season. Their next home game is before the men's game on Wednesday, February 20 at 5:30 pm in the Center for Recreation and Sport. They will also face Southern Connecticut State University. It will be the final regular season home game for lone senior Niajah Morgan.

Track & Field

The past few weeks have been record-breaking for Adelphi track and field. Over the intersession, senior Felipe Custodio broke the Adelphi record for the 300-meter race with a time of 34.37. The previous record was 38.2. Sophomore Kiara Birch has also proved to be an integral part of the Brown and Gold's roster.

Birch competed in her first pentathlon on Wednesday, January 30 and acquired 2,682 points. This score was the ninth best pentathlon score in Adelphi's history. The men's and women's track and field teams will be competing in the Northeast 10 Conference Championship on February 16 and 17 in Northampton, MA.

Bowling

The bowling team is having a solid season for a young squad this year. The Panthers are currently 39-27 and have three meets left this season. At the Kutztown Invitational from January 18 to 20, the Panthers had a strong showing and won six of their 13 matches. The final meet of the season, the East Coast Conference Championships, is being held in Nashville, TN from March 22 to March 24.

ADELPHI UNIVERSITY

PERFORMING ARTS CENTER

SPRING 2019

COMING SOON!

GUEST ARTISTS

NORM LEWIS

Friday, February 15 • 8:00 p.m.
Adelphi Students: \$15/\$10

DERVISH

Friday, March 1 • 8:00 p.m.
Adelphi Students: \$10/\$5

NEW MUSIC XIV: LISA BIELAWA

Saturday, March 2 • 8:00 p.m.

AXIOM BRASS: *LIMITLESS*

Friday, March 22 • 7:30 p.m.

WHAT WOULD PETULA DO?

A TRIBUTE TO PETULA CLARK
STARRING MAXINE LINEHAN
Saturday, March 23 • 8:00 p.m.
Adelphi Students: \$10/\$5

LARSON LEGACY CONCERT: EMILY KACZMAREK AND ZOE SARNAK

Sunday, March 24 • 3:00 p.m.

CANTUS:

ALONE TOGETHER
Tuesday, April 2 • 7:30 p.m.

OH WHAT A NIGHT!:

AN AFTERNOON WITH
CHARLES CALELLO
Sunday, April 7 • 3:00 p.m.
Adelphi Students: \$15/\$10

JOHN TESH: *STORIES AND SONGS FROM THE GRAND PIANO*

Friday, May 10 • 8:00 p.m.
Adelphi Students: \$15/\$10

MADELINE AND THE BAD HAT

Saturday, May 11 • 2:00 p.m.

CHAMBER ORCHESTRA OF NEW YORK

Friday, June 7 • 7:30 p.m.

MUSIC

STUDENT RECITAL

Wednesday, February 13 • 1:10 p.m.
Free Event

ADELPHI'S *BEST OF BROADWAY*

February 23–February 24 • Various times

DISTINGUISHED FACULTY RECITAL

Sunday, March 3 • 4:00 p.m.

FACULTY RECITAL: CILLA OWENS

Wednesday, March 6 • 1:10 p.m.
Free Event

STUDENT RECITAL

Wednesday, March 20 • 1:10 p.m.
Free Event

GUEST PIANO RECITAL: GILBERT DE GREEVE

Wednesday, March 27 • 1:10 p.m.
Free Event

ADELPHI SYMPHONY ORCHESTRA

Friday, March 29 • 8:00 p.m.

FACULTY RECITAL: ANDREA CHRISTIE, PIANO

Wednesday, April 3 • 1:10 p.m.
Free Event

MUSIC HONORS RECITAL

Wednesday, April 17 • 8:00 p.m.
Free Event

ADELPHI OPERA THEATRE

April 26–April 27 • Various times
Free Event

ADELPHI CHAMBER MUSIC ENSEMBLE

Wednesday, May 1 • 7:30 p.m.
Free Event

ADELPHI JAZZ ENSEMBLE

Friday, May 3 • 7:30 p.m.

ADELPHI CHORALE AND ADELPHI VOCAL ENSEMBLE

Sunday, May 5 • 4:00 p.m.

ADELPHI IMPROVISATION ENSEMBLE

Monday, May 6 • 5:00 p.m.
Free Event

ADELPHI FLUTE ENSEMBLE

Monday, May 6 • 7:30 p.m.
Free Event

ADELPHI CONCERT BAND

Tuesday, May 7 • 7:30 p.m.
Free Event

ADELPHI PERCUSSION ENSEMBLE

Wednesday, May 8 • 7:30 p.m.
Free Event

THEATRE

THE HOLLOW

WRITTEN BY AGATHA CHRISTIE
February 26–March 3 • Various times

WORDS LIKE FRESH SKIN

WRITTEN BY MEGAN LOHNE
March 26–March 31 • Various times

LYSISTRATA

WRITTEN BY ELLEN MCLAUGHLIN
April 23–April 28 • Various times

DEPARTMENT OF THEATRE CABARET: *SIRIOUS BUSINESS*

WRITTEN BY ERIN GONYEAU
May 9–May 11 • Various times

DANCE

DANCE ADELPHI: MARTHA GRAHAM'S *CHRONICLE*

April 10–April 14
Various times

DANCE SHOWCASE

Saturday, May 4 • 2:00 p.m. and 7:00 p.m.
Free Event

FILM

VERDI'S *AIDA*

Sunday, February 17 • 2:00 p.m.

MOZART'S *DON GIOVANNI*

Saturday, March 16 • 2:00 p.m.

LEHÁR'S *THE MERRY WIDOW*

Saturday, April 13 • 2:00 p.m.

PUCCINI'S *MADAMA BUTTERFLY*

Saturday, May 4 • 2:00 p.m.

Adelphi student
tickets are \$5 unless
otherwise noted.



MAXINE LINEHAN

ADELPHI STUDENT RUSH TICKETS

One hour before all performances, including guest artists, full-time Adelphi students are eligible to get a Rush ticket at no cost. Arrive prior to the performance with your Adelphi ID, get in the Rush line and receive one remaining unsold ticket. Subject to availability, not available for every performance. Cannot be reserved in advance. Rush tickets will stop being distributed 10 minutes before the start of the show, so get your tickets early.

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Should you, or your guests, require an accommodation based on a disability, please contact the Student Access Office by phone at 516.877.3806 or email at sao@adelphi.edu. When possible, please allow for a reasonable time frame prior to the event with requests for American Sign Language (ASL) interpreters, closed-captioning or Communication Access Real-Time Translation (CART) services; we suggest a minimum of five business days.

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